

CODE OF CONDUCT

For Club Coaches,

Officials and Volunteers

The essence of good ethical conduct and practise is summarised below. All Club Coaches, Officials and Volunteers must:-

- Consider the well being and safety of participants before the development of performance.
- Develop an appropriate working relationship with performers based on mutual trust and respect.
- Hold the appropriate, valid qualifications and insurance cover.
- Make sure all activities are appropriate to the age, ability and experience of those taking part and ensure all participants are suitably prepared physically and mentally when learning new skills.
- Display consistently high standards of behaviour and appearance, dressing suitably and not using inappropriate language at any time whilst involved with club activities.
- Never consume alcohol immediately before or during training or events.
- Obtain prior agreement from the parent/guardian of performers before transporting them anywhere (training/competitions).
- Never have performers stay overnight at your home.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Always report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in the BG Child Protection procedures.
- Never condone rule violations or use of prohibited substances.
- Make sure that confidential information is not divulged unless with the express approval of the individual concerned.
- Promote the positive aspects of the sport (e.g. fair play).
- Encourage performers to value their performances and not just results.
- Provide each Gymnast with an individual programme of work.
- Ensure that all competition entries and payments are completed & mailed at least two weeks before the closing date.
- Follow all guidelines laid down by BG and The Rushmoor Gymnastics Academy's EMPLOYEE HANDBOOK.

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For Parents / Guardians

- Encourage your child to learn the rules and participate within them.
- Discourage challenging / arguing with officials.
- Publicly accept officials' judgements.
- Help your child to recognise good performance, not just results.
- Set a good example by recognising good sportsmanship and applauding the good performances of all.
- Never force your child to take part in sport.
- Always ensure your child is dressed appropriately for the activity and has plenty to drink.
- Keep the club informed if your child is ill or unable to attend sessions.
- Parents of Squad Gymnasts are requested to check their holidays and other absences with the Coaches.
- Squad Gymnasts are expected to take part in holiday training sessions and Summer and Easter Camps.
- Endeavour to establish good communications with the club, coaches and officials for the benefit of all.
- Share any concerns or complaints about any aspect of the club through the approved channels.
- Use correct and proper language at all times.
- Never punish or belittle a child for poor performance or making mistakes.
- Always collect your child promptly at the end of a session.
- Support your child's involvement and help them to enjoy their sport.
- Ensure that you observe Fire Regulations at all times by keeping access to Emergency Exits clear and free from obstruction.

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For Participants

We are fully committed to safeguarding and promoting the well-being of all our members. The club believes it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and share any concerns or complaints that they may have about any aspect of the club with Bernie Wright our nominated Welfare Officer.

As a member of The Rushmoor Gymnastics Academy you are expected to abide by the following club rules:

- All members must participate within the rules and respect coaches, judges and their decisions.
- All members must respect opponents and fellow club members.
- Members should keep to agreed timings for training and competitions or inform their coach, or if they are going to be late.
- Squad Gymnasts and Parents are requested to check their holidays and other absences with the Coaches.
- Members must wear suitable attire for training and events as agreed with the coach. Keep all long hair tied back. Remove all body jewellery.
- Members must pay any fees for training or events promptly.
- Squad Gymnasts must take part in holiday training sessions and Summer and Easter Camps.
- Squad Gymnasts and Parents are requested to check their holidays and other absences with the Coaches.
- Squad Gymnasts must complete their Training Programmes under the guidance of their Coaches.
- Members must not smoke, consume alcohol or take drugs of any kind whilst representing the club at competitions or other events.
- Members should treat all equipment with respect.

- Members must inform the head coach of any injuries or illness they may have before the warm-up begins.
- Members should not eat or chew gum during a session.
- Members must not use bad language.
- Do thank the Coaches at the end of the session.
- Members should remain within the building at the end of a session until collected by their parent or guardian.